

**Young Migrant Integration Leaders [EXEMPLAR]**

**IO1 – Integration Leaders Curriculum**

**Lesson Plan**

**Module 3: Effective Communication**

**Unit 2: Requesting**

<i>Description of the Learning Activities</i>	<i>Timing (minutes)</i>	<i>Materials/ Equipment Required</i>	<i>Assessment/ Evaluation</i>
<p><b>Activity 1: Requesting:</b> The trainer asks the following questions:</p> <ul style="list-style-type: none"> <li>• How do you phrase a request? (Collect Answers)</li> <li>• How do you make specific/ positive/ doable and in the present moment request? (Brainstorming)</li> </ul> <p>A Pattern is then introduced: <b>Observation:</b> [When you [see, hear, etc.] // <b>Feeling:</b> [Are you feeling...?] // <b>Needs:</b> Because you need ...] // <b>[Request:</b> [And would you like ..?]) Participants are then asked to practice.</p>	<p><u>15 min.</u></p>	<p>Markers and Flipchart.</p>	<p>All participants will engage in the activities.</p>

<p>The trainer asks them to state if there was something in a group, or during this workshop that irritated them. They are then asked to describe the situation in a non-violent communication way.</p>			
<p><b><u>Activity 2: Drawing (Verbal Communication)</u></b></p> <p>The aim is to demonstrate how Verbal Communication can sometimes be inaccurate or not clear enough.</p> <p>The team is separated into groups of two. Each member is seated on a chair with their back to their partner. They hold a piece of paper where:</p> <p><b><u>Part 1:</u></b> P.1 draws 3 shapes on the paper and verbally communicates the type and location of the shape to P.2 so they can produce the same drawing.</p> <p>Once the drawings are completed, they compare them.</p> <p><b><u>Part 2:</u></b> P. 2 is drawing an object on the paper but is only allowed to describe it through the shapes it contains. Once P.1's drawing is complete, the team shares feedback between them and with the group.</p>	<p><u>50 min.</u> (Part 1 &amp; 2 - 15 minutes each)</p> <p>Feedback (Team and Group – 20 minutes each)</p>	<p>Pen and Paper</p>	<p>Participants will engage in all group activities</p>
<p><b><u>Activity 3: How Tall is Karim?</u></b></p> <p>The aim is to demonstrate the different ways of communication.</p> <p>The group is separated into teams of 6. Each team needs to complete 12 tasks to collect 12 pieces of information and calculate how tall</p>	<p><u>40 min.</u></p>	<p>Arranged tables and chairs.</p> <p>One handout with the description, rules and</p>	<p>Participants will engage in all group activities</p>

<p>Karim is. (The name has been changed to make it more inclusive)</p> <p>The tasks could be activities such as:</p> <ul style="list-style-type: none"> <li>• Collect 6 socks in different colours</li> <li>• Learn to say “Hello” in all the languages of the participants in the training course</li> <li>• Calculate the average age of the group</li> <li>• Draw a map with all the countries represented in the training course</li> <li>• Find who has attended the most ERASMUS + training courses in the group</li> </ul> <p>Once a task is completed, a piece of information is given that leads the team to calculate Karim’s height:</p> <p>Karim is 4 cm taller than Janusz - Janusz has the same height as Diana - Diana is 3 cm shorter than Henri -Henri is 6 cm taller than Branco - Branco is 20 cm shorter than Irma - Irma is 5 cm taller than Udo - Udo has the same height as Asha - Asha is 6 cm taller than Besim - Besim is 6 cm taller than Igor - Igor is 16 cm shorter than Sonia - Sonia is 5 cm taller than Frank -Frank is 1.77cm tall.</p>		<p>information sheet for each team.</p> <p>The 12 sentences with information about how tall is Karim.</p>	
<p><b><u>Workshop Closing</u></b></p> <p>The trainer makes some final remarks on Effective Communication</p>	<p><u>10 min.</u></p>		

with the support of the participants. The group is making a summary of the topics that have been covered.			
Feedback is given through a questionnaire and a discussion in the plenary.	<u>5 min</u>	Questionnaires Pens and Paper	Participants are providing feedback.
<b>Total duration of the module</b>	<b>2 hours</b>		