

Young Migrant Integration Leaders [EXEMPLAR]

IO1 – Integration Leaders Curriculum

Module 6: Facilitating Groups

Lesson Plan

Unit 1: Planning a Session

<i>Description of the Learning Activities</i>	<i>Timing (minutes)</i>	<i>Materials/ Equipment Required</i>	<i>Assessment/ Evaluation</i>
<p><u>Workshop Opening:</u></p> <p>The facilitator introduces him/herself and handouts the workshop goals and the daily program of the activities.</p>	<p><u>10 minutes</u></p>		
<p><u>Activity 1: Remember My Name</u></p> <p>In this activity, all participants should first write their names in the name tags and pronounce their name and their country origin in front of the team while holding their tags.</p> <p>After that, all participants will be split into two groups, and each group will be seated in random positions behind a white sheet. Every time, two participants are standing behind the sheet (one in each side) opposite to each other.</p> <p>Then the facilitator, asks the participants to be ready to</p>	<p><u>20 minutes</u></p>	<p>Training venue with IT equipment for all participants;</p> <p>Flipchart and markers;</p> <p>Sign-in sheet;</p> <p>Pens and note-taking materials for participants</p> <p>Printed handouts with the</p>	<p>Participants will engage in all group activities.</p>

<p>reveal each other's name and country of origin after the white sheet is removed, and they see each other's faces.</p> <p>The aim of this activity is for the participants to get to know each other better, have fun and break the ice.</p>		<p>goals and the daily program.</p> <p>White sheet</p> <p>Name Tags</p> <p>Floor cushions</p>	
<p><u>Activity 2: Integration is in our hands</u></p> <p>In this activity, the facilitator holds a small ball with the word <i>integration</i> written on it and asks the participants to sit in a circle. The ball should be thrown from participant to participant in a mixed order. Every time a participant holds the ball, he/she should mention what integration means to him/her in one word. The facilitator writes on the flipchart every word that is mentioned by the participants. After that, the facilitator presents a slide show presentation, with European Union definitions of Integration and Human Rights. Then, all participants compare and discuss the definitions, with their own previous characterizations. The aim of the activity is to find similarities and differences, in the perspective of all country's participants about integration.</p>	<p><u>40 minutes</u></p>	<p>Training venue with IT equipment for all participants PowerPoint Presentation</p> <p>Flipchart and markers;</p> <p>Sign-in sheet;</p> <p>Ball</p>	<p>Participants will engage in all group activities</p>
<p><u>Activity 3: "My Own Civilization" Team Building Exercise</u></p> <p>In this activity, the facilitator asks questions to participants, to</p>	<p><u>50 minutes</u></p>	<p>Training venue with IT equipment for all participants;</p>	<p>Participants will engage in all group activities</p>

<p>divide them into groups according to their similarities. Questions that are going to be asked concern their hobbies, their countries and their personal life. For example: Do you like football? Do you dance? Are you studying in a University now? What is your Country's national language? After that, the participants are given markers, stickers and flipchart paper and are asked to draw a different imaginary civilization. They should design a civilization with a specific language status, name of the civilization, economic system, dress code and defence system. After that, they will present their civilization to each other. The facilitator then will ask each team if they are willing to accept people from the other civilizations, into their team and how they can integrate into their civilizations.</p> <p>The aim of the activity is for the participants to realize the social norms that separate people from different cultures and find common pathways to integrate easier in a different culture, with respect to other civilizations and identities.</p>		<p>Flipchart and markers;</p> <p>Sign-in sheet;</p> <p>Pens and note-taking materials for participants</p> <p>Stickers</p>	
Total duration of the module	2 hours		