

Young Migrant Integration Leaders [EXEMPLAR]

IO1 – Integration Leaders Curriculum

Lesson Plan

Modul 7: Managing Micro Networks

Unit 1: Role of a leader

<i>Description of the Learning Activities</i>	<i>Timing (minutes)</i>	<i>Materials/ Equipment Required</i>	<i>Assessment/ Evaluation</i>
<p><u>Workshop Opening:</u></p> <p>The Facilitator welcomes participants and presents them the schedule of the day. The workshop starts with the ice- breaker activity.</p>	<u>5 minutes</u>	Training venue	Participants will engage in all group activities
<p><u>Activity 1: ‘Defend the egg’</u></p> <p>For a good start of workshops, the facilitator involves all participants in thus short teambuilding activity that requires collaboration, problem-solving, and creative</p>	<u>20 minutes</u>	Training venue Materials such as eggs, newspapers, tape, etc.	Participants will engage in all group activities

<p>teamwork.</p> <p>This activity can be a messy one, so choose an easy to clean place.</p> <p>The idea is to build a structure out of ordinary materials in order to protect a raw egg, which will be dropped from a high elevation, from breaking.</p> <p>Materials needed: raw eggs, plastic straws, paper, tape, newspaper, foil or other materials of your choice.</p> <p>Divide your group into smaller teams. Give them a limited supply of materials – the fewer materials provided, the more challenging and fun it will be.</p> <p>Explain each team that their mission is to protect the egg from cracking using teamwork, creativity, and good design - the goal is for each structure to be able to withstand an egg fall. Remember that the egg will fall inside the structure, not on it.</p>			
<p><u>Activity 2: ‘Would I be a good leader?’</u></p> <p>The aim is to introduce the idea of what does it mean to</p>	<p><u>20 minutes</u></p>	<p>Training venue with IT equipment for all participants;</p>	<p>Participants will engage in all group activities</p>

<p>be a good leader,</p> <p>Introduction:</p> <p>The instructor introduces the group to the workshop and asks them what qualities in their opinion a good leader should have (brainstorm).</p> <p>He or she writes it down on a flipchart, adds some more if it's needed, and ask participants which of them characterizes them the most and which one the least.</p> <p>Next, the instructor asks participants following questions and instruct them to answer them honestly, as they won't have to share the answers with the rest of the group”</p> <ul style="list-style-type: none"> • You will have to work more on which of those qualities? • What will you have to do to become a better group leader? • Would I want somebody like me to become my leader? Why? 		<p>Flipchart and markers;</p> <p>Sign-in sheet;</p> <p>Pens and note-taking materials for participants</p>	
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<p><u>Activity 3: 'Motivate me!'</u></p> <p>Each participant will get several small pieces of paper on which some kind of activity will be written. Some of them will be easy ones like: “Jump three times”, but others will be harder for participants to fulfill, like: try to do the cartwheel or speak Spanish. Each person will get one point for managing to convince another person to give him/her a task, and the other point if this person will try to fulfill the bespoke task.</p> <p>Each piece of paper can be used only once, only on one person, and each person can be asked only once.</p> <p>The big idea is to try your best to motivate other people to try to fulfill the task even if he/she is scared, or not willing to do so.</p> <p>After the exercise, the facilitator will explain to them how important it is to integrate with people in the host country and motivating them to help their communities, and how it can help with both their personal situation and overall</p>	<p><u>30 minutes</u></p>	<p>Training venue with IT equipment for all participants;</p> <p>Flipchart and markers;</p> <p>Sign-in sheet;</p> <p>Pens and note-taking materials for participants</p>	<p>Participants will engage in all group activities</p>
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<p>view on your nation in the host country. Try to explain to them how thanks to their help, we can help a lot of people in migrant communities in different countries.</p>			
<p><u>Activity 4: ‘Managing small project with your local group – step by step’</u></p> <p>Participants get different small tasks to manage – like: going on summer holidays, preparing a party, organizing a charity concert and so on. Each of them should imagine, that he or she has at least 5 people to help him or her with the bespoke task.</p> <p>Participants should plan what they will do, and how will they organise it using the following model:</p> <ol style="list-style-type: none"> 1. Step 1 – Set yourself as a Leader 2. Step 2 – Motivate people 3. Step 3 – Engage your group 4. Step 4 – Inform people about what are you doing 	<p><u>30 minutes</u></p>	<p>Training venue with IT equipment for all participants;</p> <p>Pens and note-taking materials for participants</p>	<p>Participants will engage in all group activities</p>

<p>5. Step 5 – Keep it going</p> <p>After completing they should share with the whole group on how they manage to follow each step:</p> <p>They can answer with help of the following questions:</p> <ul style="list-style-type: none"> • Was it an easy or hard task? • What techniques were to motivate the group? • What kind of information did you provide to your group? 			
<p><u>Coffee break</u></p>	<p><u>15 minutes</u></p>	<p>Water, Coffee, tea, cookies</p>	
<p>Total duration of the module</p>	<p>2 hours</p>		