

EXEMPLAR

Young Migrant Integration Leaders

Module 3 – Unit 1

Non Violent Communication



HELLO!

Activity 1

Zip, Zap, Boing

Four Steps in 'Self- Expression' Mode



Activity 2

I hear you saying that...

Activity 3

Connection

Feedback



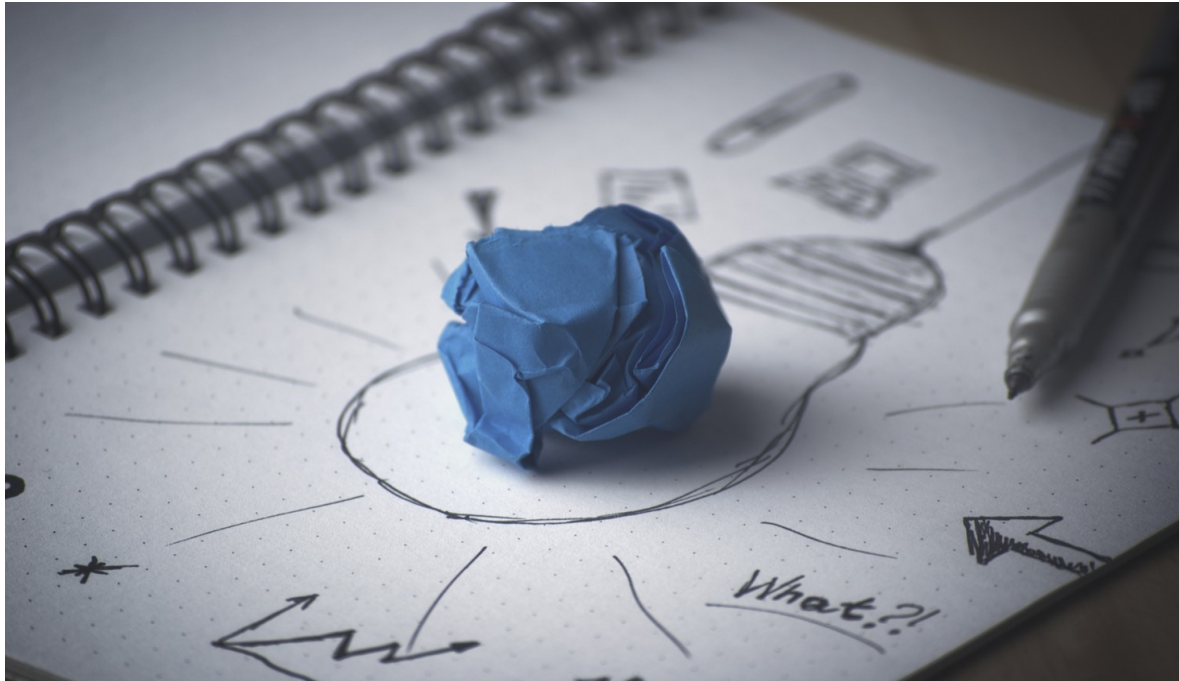
Activity 4

Active Listening and Observation

Debriefing



How to be an Active Listener?



Activity 5

Needs and Feelings

The Forest of Needs and Feelings



“I love it when...”





exemplar



SUSTAINABLE EDUCATION
SEAL
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ACTIVE LEARNING



HUBKARELIA



The Rural Hub

