

## **EXEMPLAR**

**Young Migrant Integration Leaders** 

# Module 5-Unit 2

**Leadership Skills in Engagement Strategies** 







# **HELLO AGAIN!**







# LEADERSHIP SKILLS





Leadership skills-an association game



# THE PLANT







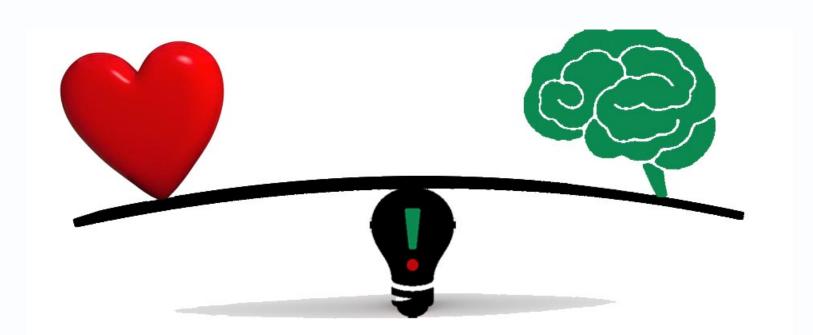
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# COMMITMENT

You're either in or you're out.
There is no such thing as life in between.

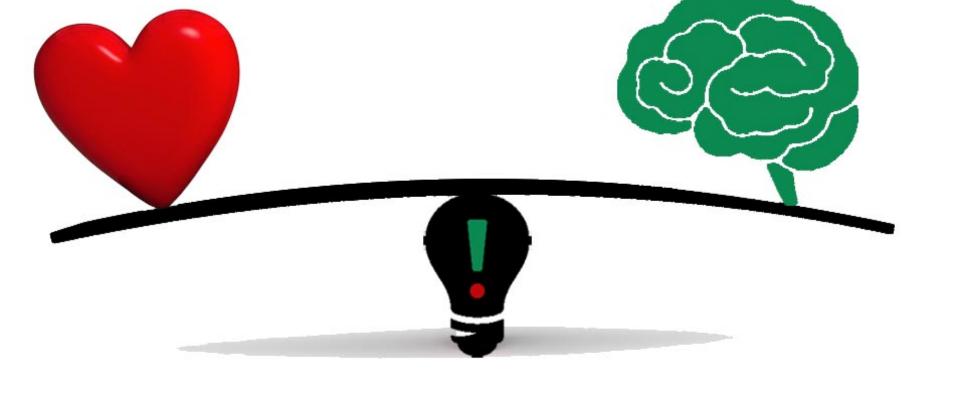
# **Emotional Intelligence-EQ**





# What EQ is?





Is a competence that enables human beings to understand and manage effectively their emotions as well as the emotions of others, so as to live in harmony with themselves and with their fellow human

### **Self-awareness**

Ability to understand how we feel and how we think about this certain situation.

02

### **Self-regulation**

Accepting and controlling our emotions. Taking responsibility.

03

### **Self-motivation**

Willing to improve by committing to clear stated goals. 05

### **Social Skills**

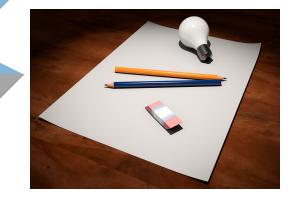
Ability to manage others' feeling and relationships effectively. Live in harmony.

04

### **Empathy**

Ability to understand the emotions of others. To put ourselves in someone's else shoes.





Your Idea-your engagement







**Networking activity-speed dating** 







Self-assessment and team building: Four direction game







# exemplar















