



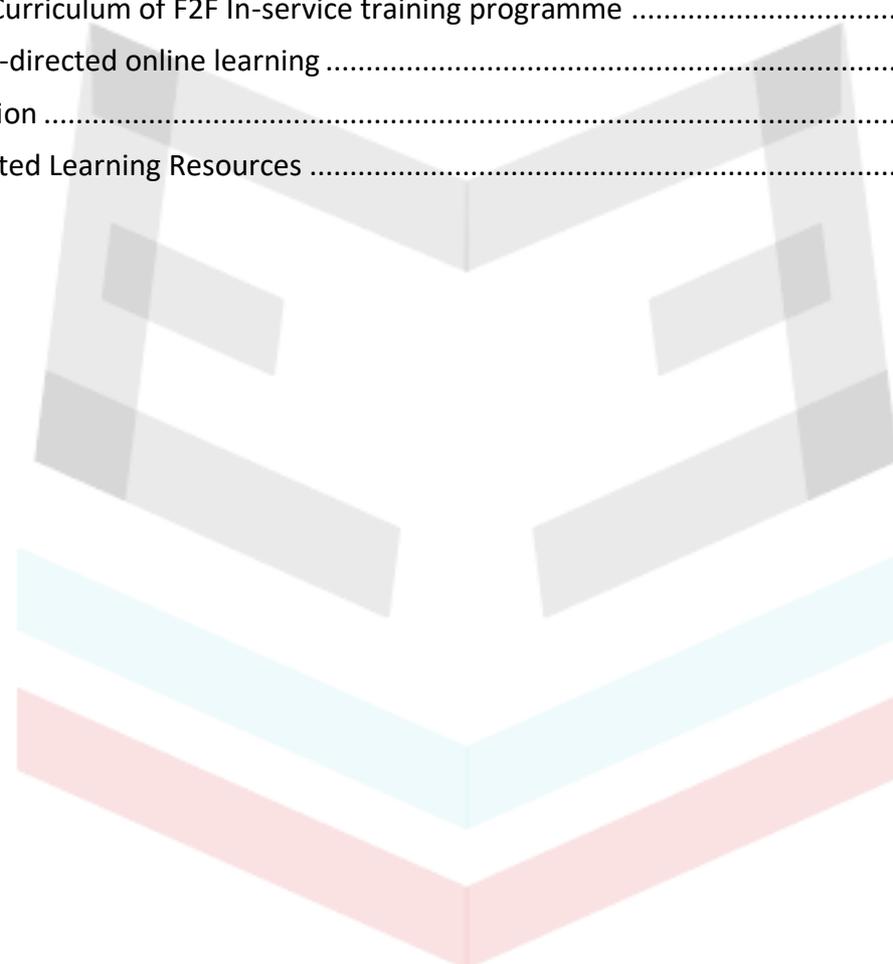
# In-service Training Programme-IO3 Curriculum



**exemplar**  
Young Migrant Integration Leaders

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## Summary

### Introduction

In-service training for front-line adult and community education staff and in particular those working in migrant support organisations to build their capacity to deliver bespoke integration training programmes. In-service training to build the skill sets within the wider adult education community if workers are to successfully address the ongoing migrant integration issue.

The in-service training introducing the new curriculum and the logic behind the approach taken by the consortium. It also addresses the challenges that educators face with demands for education and training through a variety of on-line and alternative learning environments and endeavour to provide the supports necessary for those professionals working in non-conventional environments. It places a significant emphasis on underpinning the reputation, professionalism and standing of front-line staff especially where working in on-line, interactive or blended learning environments is concerned.

The in-service training programme comprises of a total of 40 hours of learning broken down into 3 different phases as follows:

- Phase 1 - a special 5-hour introductory workshop that will be held in each partner country as a preparation for the transnational training event;
- Phase 2 - a 3-day, 21-hour training divided into 4 modules:
  - Module 1: Integration and ME
  - Module 2: How to be a good educator
  - Module 3: Empowering young people
  - Module 4: Success stories, case studies.
- Phase 3 - 15 hours of self-directed learning supported on-line through the e-learning portal and support deeper knowledge in above mentioned modules.

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## Part 1 - Introductory Workshop

The Introductory Workshop is comprised of a 5-hour of training and aims to prepare adult and community educators for the training event which will take place in December 2019. During the introductory workshop the basic themes that will be addressed are the following:

- Information about the Erasmus+ programs and more specifically about the EXEMPLAR project;
- Information about the purpose of the mobility training, its duration, general learning objectives, the contracting and the host organization SEAL Cyprus;
- Information about the basic elements of the curriculum: conceptual definitions, description of the learning outcomes (Knowledge, Skills, Competences), teaching approaches, list of materials and resources, evaluation and assessment criteria and procedures;
- Information about the daily program of the mobility training, which activities will be performed and how the program will be evaluated;
- Information about the Mobility Training Certificate

### Introductory Workshop Sample agenda

Timetable	Activity
9:00 - 10:00	Welcoming & Opening session <ul style="list-style-type: none"> <li>• Warming up and Introduction of participants</li> <li>• Introduction of the project to the participants</li> </ul>
10:00 – 10:15	Discussions
10:15 – 10:45	Coffee Break
10:45 -11:45	Presentation of the rationale and the program of the training mobility <ul style="list-style-type: none"> <li>• Curriculum</li> <li>• Training outcomes</li> <li>• Certificates</li> </ul>
11:45 -12:00	Discussions

12:00 -12:45	Introduction of the Infopack for the In-Service Training Programme <ul style="list-style-type: none"><li>• Practical guide and tips</li></ul>
12:45 -13:00	Closing of the Workshop <ul style="list-style-type: none"><li>• Final Remarks</li></ul>



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## Part 2 – In-service training programme-F2F

### Training Curriculum of F2F In-service training programme

The in-service training programme is comprised of 25 hours face-to-face training constituted by the following modules:

1. Integration and Me
2. How to be a Good Educator
3. Empowering You
4. Success Stories and Case studies

For the implementation of the above-mentioned modules an comprehensive **Handbook** was developed containing the learning outcomes of each module, the detailed lesson plans, the activity sheets that are needed in order certain activities to be implemented and Powerpoint presentations for certain modules.

The in-service training programme for the face-to-face learning is going to be implemented by following the schedule:

<b>Day 1</b>	
<b>Timetable</b>	<b>Description of Sessions and the Learning Activities</b>
9:00 – 9:45	Welcoming and Overview of the In-service Training Programme Introduction of the participants Ice-Breaking Exercise
9:45 – 11:15	<b>Integration end me Session 1</b> <ul style="list-style-type: none"> <li>• Activity 1: Name One Word</li> <li>• Activity 2: Getting to Know Each Other</li> <li>• Activity 3: Team Building Activity-The Team Charter Canvas</li> </ul>
11:15 – 11:30	Coffee Break
11:30 – 13:00	<b>Integration end me Session 2</b> <ul style="list-style-type: none"> <li>• Activity 4: Forming Groups</li> <li>• Activity 5: Human Knot</li> </ul>

	<ul style="list-style-type: none"> <li>• Activity 6: The Meaning of Integration</li> <li>• Theory Presentation and Discussion</li> </ul>
13:00 – 14:00	Lunch Break
14:00 – 15:30	<b>Integration end me Session 3</b> <ul style="list-style-type: none"> <li>• Activity 7: Energizer-If you had a magic wand</li> <li>• Activity 8: Measuring Integration</li> <li>• Activity 9: The Meaning of Engagement</li> <li>• Theory Presentation and Discussion</li> <li>• Workshop Closure</li> </ul>
15:30 – 17:00	<b>How to be a good educator Session 1</b> <ul style="list-style-type: none"> <li>• Overview of Module 2</li> <li>• Activity 1: Follow the Instructions</li> <li>• Activity 2: The Role of the Educator/Trainer in 21st Century</li> <li>• Activity 3: The Tools of the Modern Educator/Trainer</li> <li>• Theory Presentation and Discussion</li> </ul>
17:00 – 17:30	<b>Closure of Day 1</b> <ul style="list-style-type: none"> <li>• Remarks and Impressions, evaluation of day 1</li> <li>• Evaluation of day 1</li> </ul>
<b>Day 2</b>	
<b>Timetable</b>	<b>Description of Sessions and the Learning Activities</b>
9:00 – 9:15	Ice-Breaking Exercise
9:15 – 10:45	<b>How to be a good educator Session 2</b> <ul style="list-style-type: none"> <li>• Activity 4: Recognizing Emotions</li> </ul>

	<ul style="list-style-type: none"> <li>• Activity 5: The Good and the Bad Educator/Trainer</li> <li>• Activity 6: Accepting your Emotions</li> <li>• Activity 7: Guess the Initial Mood</li> <li>• Theory Presentation and Discussion</li> </ul>
10:45 – 11:00	Coffee Break
11:00 – 12:30	<b>How to be a good educator Session 3</b> <ul style="list-style-type: none"> <li>• Activity 8: Making Eye Contact</li> <li>• Activity 9: Boosting Emotional Intelligence in Teams</li> <li>• Activity 10: The “Hero’s Journey” Presentation Canvas</li> <li>• Theory Presentation and Discussion</li> <li>• Workshop Closure</li> </ul>
12:30 – 13:30	Lunch
13:30 – 15:00	<b>Empowering young people Session 1</b> <ul style="list-style-type: none"> <li>• Activity 1: Tree of life</li> <li>• Activity 2: Give away words</li> </ul>
15:00 – 15:15	Coffee break
15:15 – 16:45	<b>Empowering young people Session 2</b> <ul style="list-style-type: none"> <li>• Activity 3: Froebel tower</li> <li>• Activity 4: Who are you?</li> </ul>
16:45 – 17:00	<b>Closure of Day 2</b> <ul style="list-style-type: none"> <li>• Remarks and Impressions of day 2</li> <li>• Evaluation of day 2</li> </ul>
<b>Day 3</b>	
<b>Timetable</b>	<b>Description of Sessions and the Learning Activities</b>
9:00 – 9:15	Ice-Breaking Exercise

9:15 – 10:45	<b>Empowering young people Session 3</b> <ul style="list-style-type: none"> <li>• Activity 5: Role playing</li> <li>• Activity 6: Solution Generator</li> </ul>
10:45 – 11:00	Coffee Break
11:00 – 12:30	<b>Success stories and case studies</b> <ul style="list-style-type: none"> <li>• Introduction into Module 4</li> <li>• Videos, presentations and discussions</li> </ul>
12:30 – 13:30	Lunch
13:30 – 15:00	<b>Success stories and case studies</b> <ul style="list-style-type: none"> <li>• Rainbow exercise</li> <li>• Videos, presentations and discussions</li> </ul>
15:00 – 15:15	Coffee break
15:15 – 16:45	<b>Success stories and case studies</b> <ul style="list-style-type: none"> <li>• Videos, presentations and discussions</li> </ul>
16:45 – 17:00	<b>Closure of The Training</b> <ul style="list-style-type: none"> <li>• Remarks and Impressions</li> <li>• Final evaluation</li> </ul>

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## Part 3 – Self-directed online learning

### Introduction

The self-directed learning resources are comprised of audiovisual presentations and mini-learning resources that were developed within the framework of the Intellectual Output No 1 and the Intellectual Output No 2. The material of these two intellectual outputs will be the main training material that the adult and community educators will use for passing to their trainees the appropriate knowledge in order to become EXEMPLAR's leaders.

Adult and community educators can foster their metacognition and develop career readiness skills by using the proposed self-directed learning resources, in addition to the face-to-face in-service training.

### Self-directed Learning Resources

#### **Module 1: Integration and Me**

##### **Audiovisual presentations and Self-directed Learning Resources of IO1-Integration Leaders Curriculum:**

- IO1-Module 1-Integration & Me
- IO1-Module 2-Inter-cultural Awareness & Competence
- IO1-Module 5-Engagement Strategies

##### **Mini learning format resources of IO2- Toolbox of Integration Resources:**

- Strategies for getting involved in a new community
- Establishing contact with service providers
- What has the EU done for you?
- Your own past is important
- Understanding our cultural heritage
- Having a global perspective

#### **Module 2: How to be a good educator**

##### **Audiovisual presentations and Self-directed Learning Resources of IO1-Integration Leaders Curriculum:**

- IO1-Module 3-Effective Communication
- IO1-Module 4-Selfcare

##### **Mini learning format resources of IO2- Toolbox of Integration Resources:**

- Communicating effectively
- Telling it like it is
- Information overload and how to deal with it

- Cultural literacy

### **Module 3: Empowering young people**

#### **Audiovisual presentations:**

#### **Audiovisual presentations and Self-directed Learning Resources of IO1- Integration Leaders Curriculum:**

- IO1-Module 5-Engagement Strategies
- IO1-Module 6-Facilitating Groups
- IO1-Module 7-Managing Micro Networks
- IO1-Module 8-IT Skills & Social Media

#### **Mini learning format resources of IO2- Toolbox of Integration Resources:**

- Being heard in a new community
- Virtual new communities

### **Module 4: Success stories, case studies**

Video links:

AT

In this video, the project is presented, and new and traditional families have a chance to speak about the integration process: <https://youtu.be/VKUY55y2Sc0>

The video (German) shows a clip about the good practice: <https://youtu.be/tvtUa3Cgyig?t=313>

CZ

Very good document about integration and life of the migrants in the Czech Republic:

English version: <https://www.youtube.com/watch?v=0QZ4C1W56Vg>

Czech version: <https://www.youtube.com/watch?v=4RVmRL0nYIs>

Young migrants by themselves. Everyday life of young migrants in the Czech Republic done by them by mobile phones: <https://www.youtube.com/watch?v=PvimLhlwazo>

CY

DE

Personal story of a migrant in Germany (from Iran)

[https://www.dropbox.com/s/7hp28h38xoebygc/sucsses%20story\\_1\\_JKPeV.mp4?dl=0](https://www.dropbox.com/s/7hp28h38xoebygc/sucsses%20story_1_JKPeV.mp4?dl=0)

Personal story of a migrant in Germany (from Bulgaria)

[https://www.dropbox.com/s/9j2fznr8njkiyb5/sucsses%20story\\_2\\_JKPeV.mp4?dl=0](https://www.dropbox.com/s/9j2fznr8njkiyb5/sucsses%20story_2_JKPeV.mp4?dl=0)

FI

IE

PL

Integration of migrants in Poland

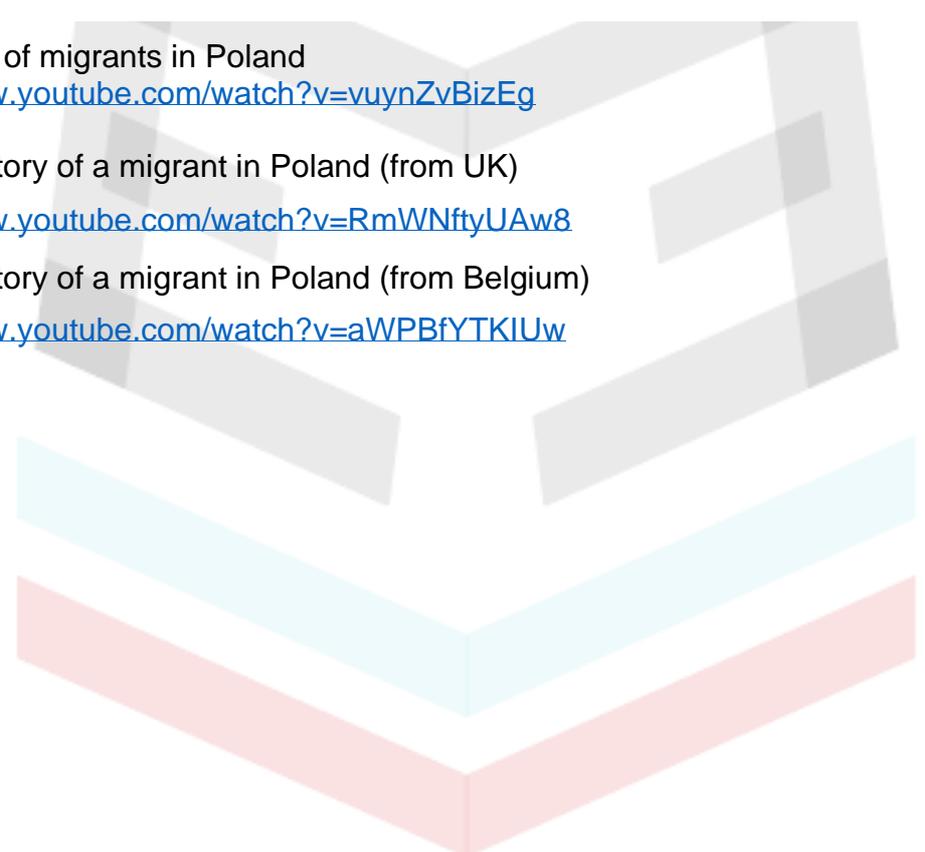
<https://www.youtube.com/watch?v=vuynZvBizEg>

Personal story of a migrant in Poland (from UK)

<https://www.youtube.com/watch?v=RmWNftyUAw8>

Personal story of a migrant in Poland (from Belgium)

<https://www.youtube.com/watch?v=aWPBfYTKIUw>



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The Rural  
Hub

SUSTAINABLE EDUCATION  
SEAL  
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ACTIVE LEARNING



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