



## IO1 – Integration Leaders Curriculum

### Self-directed learning materials

#### Module 7: Managing Micro Networks

<b>Topic:</b>	<b>Teambuilding</b>
<b>Title of Resource:</b>	“How to turn a group of strangers into a team”
<b>Why use this resource?</b>	<p>As participants don't know each other well yet, they may still feel a bit uncomfortable stressed or find it difficult to work together as a group.</p> <p>This TED Talk shares the elements needed to turn a group of strangers into a quick-thinking team that can nimbly respond to challenges.</p>
<b>What will you get from using this resource?</b>	<p>Thanks to this recalling stories of teamwork combined with important elements of collaboration, participants will feel much more comfortable with each other. They will understand that people whose knowledge and skills are different can and need to work together, across boundaries created by expertise, distance, and status.</p>
<b>Link to resource:</b>	<a href="https://www.ted.com/talks/amy_edmondson_how_to_turn_a_group_of_strangers_into_a_team?language=en&amp;fbclid=IwAR2D5MoaS7R8W8KvG__61ftFjEeDX2gTawVZBrUrBtxjKdwXvWiM_I10NWA">https://www.ted.com/talks/amy_edmondson_how_to_turn_a_group_of_strangers_into_a_team?language=en&amp;fbclid=IwAR2D5MoaS7R8W8KvG__61ftFjEeDX2gTawVZBrUrBtxjKdwXvWiM_I10NWA</a>

<b>Topic:</b>	<b>Understanding the Stages of Team Formation</b>
<b>Title of Resource:</b>	“Forming, Storming, Norming, and Performing”
<b>Why use this resource?</b>	The article presents in detail the four stages of the "forming, storming, norming, and performing" model and a fifth stage, "adjourning" (which is sometimes known as "mourning"). Also, it provides a link to the video that contains additional details of the model.
<b>What will you get from using this resource?</b>	This article and the video below will help future leaders find out what should they work on and look at how they can use Bruce Tuckman's Forming, Storming, Norming, and Performing model to build a highly productive team.
<b>Link to resource:</b>	<a href="https://www.mindtools.com/pages/article/newLDR_86.htm">https://www.mindtools.com/pages/article/newLDR_86.htm</a>

<b>Topic:</b>	<b>Multinational team leadership – language barriers</b>
<b>Title of Resource:</b>	“Leading Across Language Barriers: Managing Language-induced Emotions in Multinational Teams”
<b>Why use this resource?</b>	On this page future young integration leaders may find an article based on 90 semi-structured interviews in 15 multinational teams about the specific challenges leaders face in multilingual environments and how leaders can successfully mitigate language barriers detrimental effects.
<b>What will you get from using this resource?</b>	The study shows what language barriers look like, how different emotions provoke those barriers and gives examples of how to overcome language barriers by emotion regulation strategies and leadership, etc.
<b>Link to resource:</b>	<a href="https://www.researchgate.net/publication/277325955_Leading_Across_Language_Barriers_Managing_Language-induced_Emotions_in_Multinational_Teams">https://www.researchgate.net/publication/277325955_Leading_Across_Language_Barriers_Managing_Language-induced_Emotions_in_Multinational_Teams</a>

<b>Topic:</b>	<b>Language and Cultural Barriers</b>
<b>Title of Resource:</b>	“How to Overcome Language and Cultural Barriers in the Workplace”
<b>Why use this resource?</b>	The article describes several techniques and methods for dealing with a real language or cultural barrier when interacting with people of different backgrounds.
<b>What will you get from using this resource?</b>	From this article, participants will learn about what are the best and the worst things they can do to Overcome Language and Cultural Barriers and avoid them in the future.
<b>Link to resource:</b>	<a href="https://www.linkedin.com/pulse/20140603143206-20499125-how-to-overcome-language-and-cultural-barriers-in-the-workplace">https://www.linkedin.com/pulse/20140603143206-20499125-how-to-overcome-language-and-cultural-barriers-in-the-workplace</a>

<b>Topic:</b>	<b>Language barriers</b>
<b>Title of Resource:</b>	“Breaking the language barrier”
<b>Why use this resource?</b>	In this TEDxTeen video, Tim Doner talks about the value of learning languages, describes his goal of studying languages and present different techniques he used to apply while doing so.
<b>What will you get from using this resource?</b>	The participants will find interesting solutions that will help to break down language barriers and will understand that studying language is not to achieve fluency in each, but rather to learn about foreign history and culture through the medium of language.
<b>Link to resource:</b>	<a href="https://www.youtube.com/watch?v=xNmf-G81Irs">https://www.youtube.com/watch?v=xNmf-G81Irs</a>

<b>Thema:</b>	<b>Teambuilding</b>
<b>Name der Ressource:</b>	Teambuilding Übungen: Bessere Teams bauen.
<b>Warum diese Ressource?</b>	Diese Ressource gibt einen umfassenden, gut strukturierten und effektiven Überblick wie effektiv Teams gebildet werden können.
<b>Was lernt man aus dieser Ressource?</b>	Man lernt alles von der Voraussetzung für das Teambuilding über die verschiedenen Phasen bis hin zu teambuilding Übungen.
<b>Link zur Ressource:</b>	<a href="https://karrierebibel.de/teambuilding/">https://karrierebibel.de/teambuilding/</a>

<b>Thema:</b>	<b>Networking in beruflichem Kontext</b>
<b>Name der Ressource:</b>	„Vitamin B“: Wie du Kontakte pflegst und für dich nutzt
<b>Warum diese Ressource?</b>	Sie bietet einen gut strukturierten Überblick über die Thematik des Kontaktpflegens.
<b>Was lernt man aus dieser Ressource?</b>	Man lernt wie nützlich es sein kann Kontakte zu pflegen. Man lernt wie man Kontakte in beruflichen Kontext effektiv pflegt ohne in Fettnäpfchen zu treten.
<b>Link zur Ressource:</b>	<a href="https://lebenslauf.net/kontakte-pflegen-und-nutzen">https://lebenslauf.net/kontakte-pflegen-und-nutzen</a>

<b>Thema:</b>	<b>Große vs. kleine Teams</b>
<b>Name der Ressource:</b>	Teamwork – Kleine Gruppen vs. Große Gruppen
<b>Warum diese Ressource?</b>	Sie bietet einen gut strukturierten Überblick über die Thematik welche Gruppengröße.
<b>Was lernt man aus dieser Ressource?</b>	Man lernt darauf, dass die Gruppengröße nicht zwingenderweise zu mehr Produktivität führt. Kleine Gruppen können großen Gruppen überlegen sein – die Effektivität einer Gruppe hängt vom Kontext ab.
<b>Link zur Ressource:</b>	<a href="https://zwischenbetrachtung.de/2019/07/02/teamwork-kleine-gruppen-vs-grosse-gruppen/">https://zwischenbetrachtung.de/2019/07/02/teamwork-kleine-gruppen-vs-grosse-gruppen/</a>